The Four S Framework:

1. The Four Ss
2. The Four Ss as a Discipline Tool
3. The Resilience Formula

The Four S Framework

Our response to challenge is guided by the way we think about the Four Ss.

Connect It!

Self
Support
Situation
Strategies

First Name Middle Name
Who is (3-5 Adjectives)
Who loves to (activities)
Who is good at (strengths)
Who struggles with (challenges)
Who fears
Who hates
Who dreams
Who loves
Who wants to (3 short term goals)
Who will someday (3 long term goals)

Last Name
Connect It!

Situation

Supports
Strategies

Connect It!

The Four S As a Discipline Tool

The Resilience Formula
Challenges as Opportunities

Before Conflict: Prepare

After Conflict: Reflect & Learn

During Conflict: React

Connect It!

Connect It!